



OCTOBER 2026



| Sunday                                                                                                       | Monday                                                                                                                                                                                                                                                | Tuesday                                                                                                                                                                                                                                                                                                                                                                            | Wednesday                                                                                                                                                                                                                                                                                                                                           | Thursday                                                                                                                                                                                                                                                                                                                                                 | Friday                                                                                                                                                                                                                                                                 | Saturday                                                                                                                         |
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|                                                                                                              |                                                                                                                                                                                                                                                       |                                                                                                                                                                                                                                                                                                                                                                                    |                                                                                                                                                                                                                                                                                                                                                     | <div>1</div> <div>9:00 Ladies' Coffee (HI)<br/>9:15 Wake up &amp; Walk (AR)<br/>10:00 Men's Coffee (AR)<br/>11:00 Rosary (CH)<br/>11:00 I.C.Potluck Bingo (LB)<br/>1:30 Manicures (AR)<br/>2:00 Voter's Seminar (HI)<br/>4:00 Harbor Lights (CH)<br/>6:00 Euchre/Pinochle (AR)<br/>6:00 Games (HI)</div>                                                 | <div>2</div> <div>9:15 Exercise on own (HW)<br/>10:00 Bridge Class (AR)<br/>10:45 Catholic Service (CH)<br/>11:15 Seated Strength (KH)<br/>1:30 Craft with Pam (AR)<br/>4:00 Happy Hour (JG)<br/>6:00 Games (HI)</div>                                                 | <div>3</div> <div>10:30 Bingo (AR)<br/>10:30 Ladies Lunch (LB)<br/>2:15 Movie (LB)<br/>6:00 Cards (AR)<br/>6:00 Games (HI)</div> |
| <div>4</div> <div>11:00 Chapel Service (CH)<br/><br/>6:00 Cards &amp; Games (HI)</div>                       | <div>5</div> <div>9:15 Cardio Exercise (HW)<br/>9:30 Ladies' Coffee (AR)<br/>10:00 Bingo (AR)<br/>11:15 Seated Cardio (AR)<br/>1:30 Tai Chi (AR)<br/>2:30 Memoir Writing (AR)<br/>2:30 Bible Study (CH)<br/>4:00 Grief Support (CH)</div> <div></div> | <div>6</div> <div>9:00 Men's Coffee (HI)<br/>9:00 Kroger (LB)<br/>9:15 Wake up &amp; Walk (AR)<br/>10:00 Crossword (AR)<br/>10:45 Catholic Service (CH)<br/>11:15 Wordle (AR)<br/>1:00 Pet Blessing (AR)<br/>2:30 Bible Study (CH)<br/>2:30 MahJong (AR)<br/>3:00 Bldg&amp;Grds. Mtg (KH)<br/>6:00 Euchre/Pinochle (AR)<br/>6:00 Games (HI)</div>                                  | <div>7</div> <div>9:15 Stretch Exercise (HW)<br/>9:30 Book Mobile (LB)<br/>10:00 Bingo (AR)<br/>11:15 Seated Stretch (AR)<br/>1:30 CulinaryComm.Mtg(MR)<br/>1:30 Hand &amp; Foot/Cards(AR)<br/>1:30 Suzi Marsh (AR)<br/>1:30 Walmart (LB)<br/>2:30 Inspirational Read (CH)<br/>4:15 Rosary (HI)<br/>6:00 Cards/Games (AR)<br/>6:00 Games (HI)</div> | <div>8</div> <div>9:00 Ladies' Coffee (HI)<br/>9:15 Wake up &amp; Walk (AR)<br/>10:00 Men's Coffee (AR)<br/>11:00 Rosary (CH)<br/>11:15 Drumming (AR)<br/>1:30 Ladies Manicures (AR)<br/>2:00 Needle Group (HI)<br/>3:00 Parkinson's Dance(AR)<br/>3:30 Chicago (LB)<br/>4:00 Harbor Lights (CH)<br/>6:00 Euchre/Pinochle (AR)<br/>6:00 Games (HI)</div> | <div>9</div> <div>9:15 Strength Exercise (HW)<br/>10:00 Bridge Class (AR)<br/>10:45 Catholic Service (CH)<br/>11:15 Seated Strength (CH)<br/>1:30 Oktoberfest (AR)<br/>2:30 Quarter Bingo (HI)<br/>4:00 Happy Hour (JG)</div>                                          | <div>10</div> <div>10:30 Bingo (AR)<br/>1:30 Sandy V (AR)<br/>2:15 Movie (LB)<br/>6:00 Cards (AR)<br/>6:00 Games (HI)</div>      |
| <div>11</div> <div>11:00 Chapel Service (CH)<br/><br/>1:00 Floats (AR)<br/>6:00 Cards &amp; Games (HI)</div> | <div>12</div> <div>9:15 Cardio Exercise (HW)<br/>9:30 Ladies' Coffee (AR)<br/>10:00 Bingo (AR)<br/>11:15 Seated Cardio (AR)<br/>1:30 Tai Chi (AR)<br/>1:30MedicareSeminar(AR)<br/>2:30 Bible Study (CH)<br/>3:00 Parkinson'sSupport(AR)</div>         | <div>13</div> <div>9:00 Men's Coffee (HI)<br/>9:00 Kroger (LB)<br/>9:15 Wake up &amp; Walk (AR)<br/>10:00 Crossword (AR)<br/>10:45 Catholic Service (CH)<br/>11:15 Wordle (AR)<br/>1:30 Resident Assoc. (AR)<br/>2:30 Bible Study (CH)<br/>6:00 Euchre/Pinochle (AR)<br/>6:00 Games (HI)</div> <div><div>W</div><div>O</div><div>R</div><div>D</div><div>L</div><div>E</div></div> | <div>14</div> <div>9:15 Stretch Exercise (HW)<br/>11:15 Seated Stretch (AR)<br/>1:30 Hand &amp; Foot/Cards(AR)<br/>1:30 Pumpkin Craft (AR)<br/>2:30 Inspirational Read(CH)<br/>4:15 Rosary (HI)<br/>6:00 Cards/Games (AR)<br/>6:00 Games (HI)</div>                                                                                                 | <div>15</div> <div>9:00 Ladies' Coffee (HI)<br/>9:15 Wake up &amp; Walk (AR)<br/>10:00 Men's Coffee (AR)<br/>11:00 Rosary (CH)<br/>12:00 Birthday Dinner (MR)<br/>1:30 Entertainment (AR)<br/>3:00 Parkinson'sDance(AR)<br/>4:00 Harbor Lights (CH)<br/>6:00 Euchre/Pinochle (AR)<br/>6:00 Games (HI)</div> <div></div>                                  | <div>16</div> <div>9:00 DSO (LB)<br/>9:15 Exercise on own (HW)<br/>10:00 Bridge Class (AR)<br/>10:45 Catholic Service (CH)<br/>11:15 Seated Strength (CH)<br/>1:30 Karaoke (AR)<br/>3:00 Movin' &amp; Groovin' (HW)<br/>4:00 Happy Hour (JG)<br/>6:00 Games (HI)</div> | <div>17</div> <div>10:30 Bingo (AR)<br/>2:15 Movie (AR)<br/>6:00 Cards (AR)<br/>6:00 Games (HI)</div>                            |



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| Sunday                                                                                                                                                                      | Monday                                                                                                                                                                                                                                                                                                       | Tuesday                                                                                                                                                                                                                                                                                                                                                                               | Wednesday                                                                                                                                                                                                                                                                                                                                                                                                   | Thursday                                                                                                                                                                                                                                                                                                                   | Friday                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | Saturday                                                                                                              |
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| <b>18</b><br>11:00 Chapel Service (CH)<br>5:00 Potluck (AR)<br>6:00 Cards & Games (HI)<br> | <b>19</b><br>9:15 Cardio Exercise (HW)<br>9:30 Ladies' Coffee (AR)<br>10:00 Bingo (AR)<br>11:15 Seated Cardio (AR)<br>1:30 Tai Chi (AR)<br>2:30 Memoir Writing (AR)<br>2:30 Bible Study (CH)                                                                                                                 | <b>20</b><br>9:00 Men's Coffee (HI)<br>9:00 Kroger (LB)<br>9:15 Wake up & Walk (AR)<br>10:00 Crossword (AR)<br>10:45 Catholic Service (CH)<br>11:15 Wordle (AR)<br>1:00 Canvas Craft (CH)<br>2:00 Tea & Talk (HI)<br>2:30 Bible Study (CH)<br>2:30 MahJong (AR)<br>6:00 Euchre/Pinochle (AR)<br>6:00 Games (HI)                                                                       | <b>21</b><br><b>National Apple Day</b><br>9:30 Book Mobile (LB)<br>9:15 Stretch Exercise (HW)<br>10:00 Apple Bingo (AR)<br>11:15 Seated Stretch (AR)<br>1:00 Apple Tasting (AR)<br>1:30 Meijer (LB)<br>1:30 Hand & Foot/Cards (AR)<br>2:00 Gary Pillow (AR)<br>2:30 Inspirational Read (CH)<br>3:30 Book Group (AR)<br>4:15 Rosary (HI)<br>6:00 Cards/Games (AR)                                            | <b>22</b><br>9:00 Ladies' Coffee (HI)<br>9:15 Wake up & Walk (AR)<br>10:00 Men's Coffee (AR)<br>10:00 Andiamo's (LB)<br>11:00 Rosary (CH)<br>11:15 Drumming (AR)<br>1:30 Manicures (AR)<br>2:00 Needle Group (HI)<br>3:00 Parkinson's Dance(AR)<br>4:00 Harbor Lights (CH)<br>6:00 Euchre/Pinochle (AR)<br>6:00 Games (HI) | <b>23</b><br><b>Breast / Prostate Cancer Awareness Day</b><br>9:15 Strength Exercise (HW)<br>10:00 Bridge Class (AR)<br>10:45 Catholic Service (CH)<br>11:15 Seated Strength (CH)<br>1:00 Pink/Blue Floats (AR)<br>1:15 Bobby G (AR)<br>2:15 Pink/Blue Bunco (AR)<br>4:00 Happy Hour (JG)<br>6:00 Games (HI)<br>                                                                                                                  | <b>24</b><br>10:30 Bingo (AR)<br>1:00 Bible Study (CH)<br>2:15 Movie (AR)<br>6:00 Cards (AR)<br>6:00 Games (HI)       |
| <b>25</b><br>11:00 Chapel Service (CH)<br>6:00 Cards & Games (HI)                                                                                                           | <b>26</b><br>9:15 Cardio Exercise (HW)<br>9:30 Ladies' Coffee (AR)<br>10:00 Bingo (AR)<br>11:15 Seated Cardio (AR)<br>1:00 Tai Chi (AR)<br>1:30 Rose Gardens (AR)<br>2:30 Bible Study (CH)<br>6:00 Quarter Bingo (AR)<br> | <b>27</b><br>9:00 Men's Coffee (HI)<br>9:00 Kroger (LB)<br>9:15 Wake up & Walk (AR)<br>10:00 Crossword (AR)<br>10:45 Catholic Service (CH)<br>11:15 Wordle (AR)<br>1:00 Canvas Craft (CH)<br>2:30 Bible Study (CH)<br>2:30 MahJong Class (AR)<br>6:00 Euchre/Pinochle (AR)<br>6:00 Games (HI)<br> | <b>28</b><br>9:15 Stretch Exercise (HW)<br>10:00 Bingo (AR)<br>11:15 Seated Stretch (AR)<br>1:30 Hand & Foot/Cards(AR)<br>2:00 Jeff Cavataio (AR)<br>2:30 Inspirational Read (CH)<br>3:00 Balloon Volleyball (AR)<br>3:30 Alzheimer's Support (AR)<br>4:15 Rosary (HI)<br>6:00 Cards/Games (AR)<br>6:00 Games (HI)<br> | <b>29</b><br>9:00 Ladies' Coffee (HI)<br>9:15 Wake up & Walk (AR)<br>10:00 Men's Coffee (AR)<br>11:00 Rosary (CH)<br>11:15 Drumming (AR)<br>1:30 Manicures (AR)<br>2:00 Needle Group (HI)<br>3:00 Dance Fitness (AR)<br>4:00 Harbor Lights (CH)<br>6:00 Euchre/Pinochle (AR)<br>6:00 Games (HI)                            | <b>30</b><br>9:15 StrengthExercise (HW)<br>10:00 Bridge Class (AR)<br>10:00 Trick-or-Treat (AR)<br>10:45 Catholic Service (CH)<br>11:15 Seated Strength (CH)<br>1:30 Halloween Party(AR)<br>4:00 Happy Hour (JG)<br>6:00 Games (HI)<br><div><b>KEY</b><br/>AR-Activity Room<br/>BH-Barnett Hall<br/>CH-Chapel<br/>CM-Capman<br/>FC-Fitness Center<br/>HI-Harbor Inn Midrise Community Room<br/>HW-Health &amp; Wellness Center<br/>KH-Kirk Hall<br/>LB-Lobby<br/>MR-Marguerite's Restaurant<br/>JG-Jim's Grill</div> | <b>31</b><br>10:30 Bingo (AR)<br>1:00 Bible Study (CH)<br>3:00 Paul Richie (CH)<br>6:00 Cards (AR)<br>6:00 Games (HI) |