

The Village of East Harbor



Village Trumpet



Embrace the possibilities

33875 Kiely Drive • Chesterfield, Michigan 48047 • www.pvm.org

August 2026



Presbyterian
Villages
OF MICHIGAN
SERVING SENIORS & COMMUNITIES



Featured Articles

Events

Resident Association
Minutes

Chaplain

Fitness

Events



The Village of
East Harbor

A SENIOR LIVING COMMUNITY

Managed by Presbyterian Villages of Michigan

Look for PVM on:



THE VILLAGE OF EAST HARBOR

INVITES YOU TO AN

ALOHA SUMMER

LUAU

and

PIG ROAST

THURSDAY,

AUGUST 27

1:00-4:00PM

JIM'S GRILL PATIO

FOOD

ENTERTAINMENT

GAMES

ALL RESIDENTS & STAFF INVITED

rsvp Activity Room

Beanbag Baseball with Margo



**Stella & Rita where
the big winners at
last weeks Happy Hour.**



CONGRATULATIONS PIRATES #1



WELCOME HOME NEW RESIDENTS

We welcome these new residents to our
Village of East Harbor Family

Judith Gosnell – 114 Kirk

Lucia Marshall – 606 Barnett

Evelyn Schinning – 102 Kirk

Gerry & Lee Williams – 50841 Esther's Way

**JUST A REMINDER...Committee
Meetings are open to ALL Residents!
Please attend if you have compliments,
comments, or concerns!
We'd LOVE to hear from you!!**

Building & Grounds

**Meets Tuesday, Aug. 4 at 3:00pm in
Kirk Hall.**

Culinary Committee

**Meets Wednesday, Aug 5 at 1:30pm in
Marguerites.**



RESIDENT POTLUCK

Will return in September

WE ARE LOOKING FOR A VOLUNTEER TO TAKE
OVER THE ORGANIZING OF OUR MONTHLY POTLUCK.
TRAINING AND SECRET POTLUCK WISDOM INCLUDED!

LET'S KEEP THIS TRADITION GOING!

CALL BETSY-586-716-7143

GORGEOUS GRANDMAMA DAY





From The Desk Of Chaplain Laura...



HAPPY AUGUST !!

A big **THANK YOU!!** To **Dennis & Colleen Berger and Louise Edwards** for their dedication with helping to care for our visiting duck families every week!

“Whatever you have done to the least of these, you have done to me” (Matt 25:40) reminds us that God has entrusted them to our care. It was confirmed by the wildlife Veterinarian that although they are wild animals, these babies **are** born into captivity in the courtyards, unable to fly out to get all the necessary nutrients they need. They depend on US to help them to thrive. So, **THANK YOU** for caring for God’s creatures and showing your love to them.

***** NO POT LUCK BINGO AT IMMACULATE CONCEPTION THIS MONTH**

******* Join us as in the Chapel as we worship the Lord every Sunday at 11:00am for a non-denominational service. The first Sunday of every month is **Communion Sunday**.

******* The Last Sunday of every month, we host Pastor John Rock.

******* Tuesdays at 10:45 is Catholic communion service. Mass with Father Joe Esper of Immaculate Conception Church is the third Tuesday of every month.

******* Please join us every Monday and Tuesday at 2:30 for biblical studies in the chapel.

Tuesdays we are completing the Book of Daniel, then starting
“The Promise Code; 40 Promises Every Believer Should Know”

***** NO SATURDAY BIBLE STUDY IN AUGUST.**

We had a great time at our Breakfast With The Chaplain outing with 16 in attendance. Please consider joining us next time at a different location. I hope to be able to arrange some outings and overnight adventures to Cross in the Woods, Ark Encounter in Ky, Shipshewana Amish Country in Indiana and some others. If you might be interested, please let me know.

I am here for you, for whatever your need may be; for prayer, counsel, spiritual items, or assistance of any kind, please contact me. I am ready, willing, and able to serve you. I am here for you, your family, the community, and staff. I also assist with weddings, funerals and pre-planning,, baptisms, as well as linking and coordinating services of all kinds.

If you have a need, please contact me Sunday through Thursday, (586) 424-5674.

I am on vacation from August 9 thru 16. Sunday Services will continue as scheduled, however, the Bible Studies and Inspirational Reading are canceled for that week.

I am planning a WAFFLE WEDNESDAY in September!! Please watch next month's Trumpet for date, time, and information!!

*In His Service,
Chaplain Laura Stone*

Health and Wellness News

Christina Nahorodny, Fitness Specialist

Please take note of the following changes to the exercise class schedule:

Tai Chi & Walk has been changed to **Wake Up & Walk at 9:15**

Tuesdays and Thursdays in the Activity Room.

Although the name of the class has been changed, the exercises are the same; large, rhythmic movements that are easy on the joints which strengthen muscles, improve balance and coordination and wake up your whole body gently.

The Arthritis Foundation Sun style **Tai Chi** is now **Mondays at 2:00**

Lastly, we will have **Dancing to the Oldies on the last Thursday of each month at 3:00** which means the first session will be held during the Aloha Summer Luau!

Open to anyone and everyone: walker, wheelchair, balance issues...no problem!

Come and learn to move at your own pace and rest when you need to.

Do the twist, the stomp, the mashed potatoes, too.

Any ol' dance that you want to do, but LET'S DANCE!

Our own Marie MacDougall would love to show you some of her favorite dance moves, so get those dancing shoes on and join her for a fun time before entertainment

Fitness classes are available to residents who have filled out the required paperwork.

Please feel free to call or email me for any fitness related questions:

586.716.7385 or cgorde@pvm.org

Harbor Inn Health and Wellness Center hours:

8am-5pm Monday-Friday

Those with a key fob and who have had an orientation may use it during off hours

Barnett Hall Fitness Center hours:

8am-8pm every day (including weekends)

Anyone wishing to use *either* of our Fitness Centers **MUST** have an orientation and updated paperwork on file.

DID YOU KNOW THAT THE VILLAGE OF EAST HARBOR OFFERS OUTPATIENT THERAPY RIGHT ON CAMPUS?

Our expert therapy staff is trained in the latest advances in physical, occupational and speech therapy. We even have a HydroWorx water therapy tank. *Call today* to find out how the Village of East Harbor Therapy Department can help restore your independence, confidence and quality of life.

586-273-2457

AUGUST BIRTHDAY DINNER

THURSDAY, AUGUST 20

12:00 PM

MARGUERITE'S RESTAURANT

PURCHASE YOUR TICKETS AT THE
FRONT DESK

\$16.00



ENTERTAINMENT
DOROTHY MARTIN
1:30 PM CHAPEL

**FREE Birthday meal in your birth
month! PLUS one guest at 1/2 off!
YOU MUST SIGN UP AT THE DESK**

ENTERTAINMENT:

Suzi Marsh

**Thursday, August 6
1:30—Activity Room**

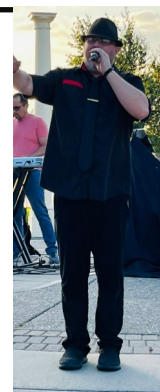


GARY PILLOW

**Monday, August 10
1:30pm—Activity Room**

Jeff Cavataio

**Friday, August 21
2:00pm
Activity Room**



Paul Richie

**Tuesday, August 25
3:00pm—Activity Room**



Bobby G

**Friday, August 28
1:15 pm - Activity Room**



Grief Support Group

This group will help anyone in the community who is experiencing grief or loss, understand their feelings with support and coping strategies to help with their journey forward.

1st Monday of the Month

4:00-5:00 PM

Kleeman Chapel

For more information contact:

Facilitator: Laura Stone, MSW 586-424-5674



Learn • Connect • Support

Parkinson's Disease Support group

Join us once a month for a compassionate, informative and interactive meeting. Receive the encouragement needed to live well with Parkinson's Disease. Caregivers are welcome.

**Second Monday of each month
3:00 pm – 4:30 pm Activity Room
Inquires: 586-725-6030**

Alzheimer's

Caregiver Support Group



This Support group provides an opportunity for caregivers affected by Alzheimer's disease or a related dementia to share their experiences and receive inspiration, guidance and support.

**Fourth Wednesday of each
Month
3:30 pm-4:30 pm
Kleeman Chapel**



Chesterfield Library
Book Mobile Visit
Wednesday,
August 5 & 19
9:30 am

QUARTER BINGO **BRING YOUR QUARTERS!**



Friday, August 7
2:30 pm - Harbor Inn
Monday, August 24
6:00 pm - Activity Room

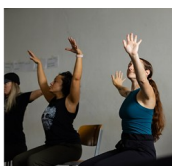
Come Move with Us!

Take Root's FREE dance for Parkinson's program welcomes people of all abilities—including individuals with Parkinson's Disease. Everyone is invited to explore movement set to music in a safe, enjoyable environment.

Thursday's, 3:00 pm

Activity Room

Everyone is Welcome!



Does not meet the last Thursday of the month.



Monday, August 3
1:30pm
Activity Room

ESTATE PLANNING

WITH ATTORNEY CHARLES PENZIEN

Thursday, August 13
1:30pm

Harbor Inn Community Room

CREAMSICLE PARTY

August 14

1:30pm

Activity Room



JOIN US FOR SENIOR CITIZENS DAY

Friday, August 21

1:30pm

Activity Room

refreshments

Photos

Jeff Cavataio entertains



SENIOR CITIZEN'S DAY



WOMEN'S COFFEE HOUR

Monday's-9:30am
Activity Room

Thursday's-9:00am
Harbor Inn

MEN'S COFFEE HOUR

Tuesday's-9:00am
Harbor Inn

Thursday's-10:00am
Activity Room

EXCURSIONS

Tuesday, August 11

*Eastern Market &
Lunch*

8:30am

Friday, August 14

*Diamond Jack's Boat Tour
Lunch Coriander Kitchen & Farm*

10:45am

\$20.00 (pay at dock)

Lunch on your own

Monday, August 17

*Huron Lady
Dinner Cruise*

4:00pm

\$90.00

SOLD-OUT

Wednesday, August 26

Tiger's-vs-Rays

10:30am

\$30.00

Money Due August 10

Thursday, August 27

*The Shark is Broken
Riverbank Theatre*

4:30pm

\$39.00

CANCELLED

Wednesday, September 9

Detroit Zoo

Senior Day

8:00am

Free

Friday, September 18

*Sky Adventures
Hot Air Balloon Ride*

Time TBD

\$300

Money due at signing

Thursday, September 24

*The Notebook
Fisher Theatre*

4:00pm

\$83.00

Money Due September 1

Wednesday, September 30

MGM Casino

9:30am

On your own

Friday, October 2

DSO

Viva las Vegas

9:00am

Cost TBD

**You MUST Sign up for all outings in the
binder in the Activity Room or
call Betsy 586-716-7143 or
Bob 586-716-7142**

HARBOR INN HAPPENINGS

Pegs & Jokers

Everyday 6:00pm

Community Room

QUARTER BINGO

Friday, August 7—2:30pm—Community Room

ROSARY

Wednesdays—4:15 pm—Community Room

NEEDLE ARTS GROUP

Thursdays—2:00 pm—Community Room

PUZZLE PEOPLE

Everyday—All Day—Library



8/1 Sandy McClellan

8/2 Mary Schulte

8/3 August Constance

8/3 Diane Conti

8/6 Lucia Marshall

8/7 Diane Deceuninck

8/10 Jerry Glowniak

8/12 Phyllis McDowell

8/18 Phyllis Bules

8/20 Barb Balfour

8/20 Joan Lehoczky

8/21 Bette Carrothers

8/22 William Graves

8/22 Janet Hibner

8/22 Geraldine Sauer

8/24 Gerry Williams

8/27 Mary Weeks

8/28 Carol Wiltshire

8/31 Pamela Budd



**FREE Birthday meal
in your birth
month!
PLUS one guest at
1/2 off!**

Sign up at front desk.

Directory

Accounting

Tracy Tesch 716-7408

Activities/Wellness Supervisor AL/IL

Betsy Mianecki 716-7143

Beauty Salon

Appointments 716-7180

Chaplain

Laura Stone 586-424-5674

Dining Services Mgr.

Brandon Lewis 716-7419

Director of Nursing

Karolina Jones 716-7416

Driver

Bob Rosol 716-7142

Executive Director

Donald Tolliver 716-7410

Fitness Specialist

Chris Nahorodny 716-7385

Front Desk

Receptionist 725-6030

Harbor Inn-Admin. Asst.

Beth Humble 586-273-2440

Harbor Inn Manager

586-273-2559

Housekeeping / Laundry Mgr.

Michelle Willer 716-7418

Maintenance Work Request

Front Desk 725-6030

Maintenance

Emergencies After 11:00 pm 248-996-2470

Marketing Manager

716-7395

Outpatient Therapy

586-273-2457

Physical Therapy Mgr.

Kim Frabotta, Agility Therapy 716-7398

Rehab Admissions/Sales

Jen Moreno 716-7427

Darcy Stalker 716-7183

Resident Care Mgr.

Toni Greig 716-7426

