



Village Trumpet



Embrace the possibilities

33875 Kiely Drive • Chesterfield, Michigan 48047 • www.pvm.org

October 2026



Featured Articles

News and Information

Chaplain

Wellness

Upcoming Events

New Residents

Birthdays

Staff Directory



The Village of
East Harbor

A SENIOR LIVING COMMUNITY

Managed by Presbyterian Villages of Michigan

Look for PVM on:



HALLOWEEN FESTIVITIES

TRICK OR TREATING

With Northbrook Students

Friday, October 30

10:00 am ~ Activity Room

HALLOWEEN PARTY

Friday, October 30

1:30 pm ~ ACTIVITY ROOM

Music, Games, Dancing and Prizes for best costumes!

HALLOWEEN ENTERTAINMENT ~ PAUL RICHIE

Saturday, October 31

3:00 pm ~ Chapel



From The Desk Of Chaplain Laura...



October is the month of the harvest. In Matthew 9, Jesus saw the spiritually lost and had compassion on them. said, "The harvest plentiful but the workers are few. Ask the Lord of the harvest to send out workers into his harvest field." Through the gospel and our testimony, we are called to spread hope to those who are spiritually lost and hopeless.

POTLUCK/BINGO at Immaculate Conception the first Thursday of every month. October 1, leaving at 11am sharp. Bring a dish or something to pass, or put a donation in the basket. White elephant prize table. Bring something you no longer need to put on the prize table!!

Ladies Salad Luncheon- St Peters Lutheran Church Saturday, October 3. If you have purchased a ticket, please be at **your** lobby (or at your door **if you signed up to be picked up**) **by 10:30.** We will not be able to make phone calls or knock on your door to remind you.

Blessing of the Pets will be held in the Activities courtyard (weather permitting, otherwise in the Chapel) on Tuesday, Oct. 6 at 1:00. Please bring your pet or a picture of your pet for a special blessing, prayer, treat, and a gift.

October is **Clergy Appreciation Month**. (Clergy Appreciation **Day**– is Sunday, October 11). Please remember your pastor, priest, deacon or spiritual leader. Send a note, or a card telling them you appreciate them.

SATURDAY BIBLE CLASS– Resumes Oct 24 at 1:00pm in the chapel

I am here to assist you with any of your spiritual (and other) needs.

If you would like prayer, communion, a visit, resources, or have any other needs, please contact me. I'm here for you.

Please see the Chaplain's Board in the hallway next to the birdcage for updates and information on all spiritual programs, groups, and outings.

In His Service,
Chaplain Laura Stone
(586) 424-5674



THE ANNUAL BLESSING OF THE PETS

To celebrate the feast of St. Francis Assisi Deacon Dave will be blessing your pets or pet pictures.

Activities Courtyard

(enter through the activity room)

Tuesday October 6

1:00pm

Health and Wellness News

Chris Nahorodny, Fitness Specialist

September is Prostate Cancer Awareness Month

and

October is Breast Cancer Awareness Month

Prostate cancer affects roughly 1 in 8 men and is the second leading cause of cancer death for men in the U.S.

Men should discuss individual risk factors with their doctor and should begin screening by aged 45-50

Breast cancer affects about 1 in 8 women and is one of the most frequently diagnosed cancers globally.

Women should evaluate risk with their health care provider and average-risk women should begin mammography around the age of 40-45

Both cancers share inherited genetic risks. Additionally, a family history of breast cancer can also increase the male relative's risk for prostate cancer.

Prostate and breast cancer are two of the most common cancers and both share key statistical impacts and overlapping lifestyle prevention strategies.

To significantly lower overall risk for BOTH types of cancer you should:

Maintain a healthy weight to lower inflammation and reduce the risk of aggressive form of both cancers

Aim for 150-300 minutes of moderate-intensity physical activity each week

Focus on whole grains, fresh fruits and vegetables and healthy fats and limit red and processed meats

Limit or avoid alcohol and don't smoke

FRIDAY October 23

1:00pm—Activity Room

Wear **LIGHT BLUE FOR PROSTATE CANCER AWARENESS** and/or **PINK FOR BREAST CANCER AWARENESS**

Take a picture to post on social media to spread awareness and potentially save lives!

1:00PM- PINK Or **BLUE** Floats

1:15PM- Bobby G entertainment

2:15PM- PINK & BLUE BUNCO

Do You Love Resident Activities & Fun? We Do, Too!

This year, nearly half of **East Harbor's Friends & Family** dollars raised were designated to Resident Activities.

Making new friends while staying active and social!

Want to get a jump on next year's gift - and double your impact? Set up a new monthly gift for East Harbor and **your gift will be matched, dollar for dollar, until April 30, 2027!**

Call **Jenna at 248-281-2040** to learn more or make your gift today.



Did You Know You Can Make an Impact Today - Without Writing a Check?

Individual Retirement Account (IRA)/401(k)

- Qualified Charitable Distribution (QCD) is available at age 70 ½ and older
- Satisfy some or all of your Required Minimum Distribution (RMD) without adding to your taxable income, even if you don't itemize deductions (ask your tax advisor for details)
- Contact your **IRA/401(k)** custodian and ask them to send a direct transfer from your account to **PVM Foundation** (the check must be payable directly to the charity)

Prefer to Make Your Gift From Your Donor Advised Fund?

- Log into your **DAF** provider's portal, or call them, and recommend a grant to **PVM Foundation**
- Be sure to use our legal name, address, and Tax ID (see below)
- Contact us to let us know your gift is on the way

Legal Name: **Presbyterian Villages of Michigan Foundation**

Address: 25200 Telegraph Road, Suite 400, Southfield, MI 48033

Tax ID: 20-2559884

Have you considered **including PVM Foundation among your beneficiaries** of your IRA/retirement plan and/or your Donor Advised Fund? It's one of the simplest legacy gifts to make - no attorney or will change required.

Questions? Please contact Sandy at **248-281-2043** or SSommer@pvm.org



Make your monthly gift and double your impact!

New monthly gifts set up after September 1 will be matched dollar for dollar through April 30, 2027!

*The Match
is Back!*

Already a monthly donor? Increase your monthly gift by **any amount** to unlock the match!

The Village of East Harbor / Harbor Inn
RESIDENT ASSOCIATION MONTHLY MEETING

Date: Tuesday, October 13

Location: Activity Room

Time: 1:30pm

**ALL Residents are members of the Resident Association
and encouraged to attend.**

Join us for a *MEET & GREET* following the meeting.

**WELCOME HOME
NEW RESIDENTS**

We welcome these new residents to
our Village of East Harbor Family

Betty Arnold—618 Barnett

Diane Conti—110 Kirk

Alice Labowski—S501

Jane Polcyn—618 Barnett

Ron Sauer—117 Kirk

Carol Turk—810 Harbor Inn

Elma Wilbanks—50821 Esthers Way

JUST A REMINDER...

Committee Meetings are open to ALL Residents!

Building & Grounds

**Tuesday, October 6
3:00 pm in Kirk Hall.**

Culinary Committee

**Wednesday, October 7
1:30 pm in Kirk Hall.**

**OCTOBER
BIRTHDAY DINNER**

THURSDAY, OCTOBER 15

12:00 PM

MARGUERITE'S RESTAURANT

**PURCHASE YOUR TICKETS AT THE
FRONT DESK**

\$17.00



**EVERYONE GETS A FREE Birthday
meal in your birth month!
PLUS one guest at 1/2 off!**

Entertainment at 1:30pm



**RESIDENT
POTLUCK**

Sunday, October 18

4:00PM—HAPPY HOUR

**5:00PM—INVOCATION
FOLLOWED BY DINNER**

BRING A DISH TO PASS

SIGN UP IN THE ACTIVITY ROOM



Chesterfield Library
Book Mobile Visit
Wednesday,
October 7 & 21
9:30 am



CRAFT WITH PAM
Friday, October 2
1:30 pm
Activity Room
Please sign up

QUARTER BINGO **BRING YOUR QUARTERS!**



Friday, October 9
2:30 pm - Harbor Inn
Monday, October 26
6:00 pm - Activity Room

MICHIGAN VOTER INFORMATION **With Chesterfield Twp. Clerks office**



Thursday, October 1
2:00 pm
Harbor Inn
Community Room

Make sure you are registered to vote.

MEDICARE 2027



Learn what is new and
changes in the up coming
year for Medicare.

Monday, October 12
1:30 pm
Activity Room



HALLOWEEN CRAFT
MAKE A PUMPKIN
WEDNESDAY, OCTOBER 14
1:30PM ACTIVITY ROOM



MEMOIR **WRITING**

Everyone has a story to tell
Monday, October 5 & 19
2:30pm-Activity Room



Wednesday, October 21

10:00 am-Apple Bingo
1:00 pm-Apple Tasting
2:00 pm-Gary Pillow

Activity Room



Tuesday, October 20 ~ 2:00pm
Harbor Inn Community Room
Bring your own tea cup!

Grief Support Group

This group will help anyone in the community who is experiencing grief or loss.

1st Monday of the Month

4:00-5:00 PM

Kleeman Chapel

For more information contact:

Facilitator: Laura Stone, MSW 586-424-5674



Learn • Connect • Support

Parkinson's Disease Support group

Receive the encouragement needed to live well with Parkinson's Disease.

Caregivers are welcome.

**Second Monday of each month
3:00 pm – 4:30 pm Activity Room
Inquires: 586-725-6030**

Alzheimer's

Caregiver Support Group



This Support group provides an opportunity for caregivers affected by Alzheimer's disease or a related dementia to share their experiences and receive inspiration, guidance and support.

**Fourth Wednesday of each Month
3:30 pm-4:30 pm
Kleeman Chapel**

History of the Mt. Clemens Rose Gardens

Presented by:

**Lynn Anderson, historian and Micki Weiss,
Mt. Clemens Downtown
Development Authority and wife
of Paul owner of
Mt. Clemens Rose Gardens.**



**Monday, October 26
1:30 pm Activity Room**

ENTERTAINMENT:

Suzi Marsh

Wednesday, October 7

1:30—Activity Room



GARY PILLOW

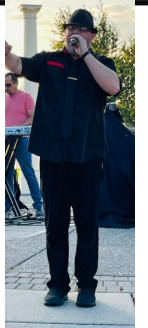
**Wednesday, October 21
2:00pm—Activity Room**

Jeff Cavataio

Wednesday, October 28

2:00pm

Activity Room



Paul Ritchie

**Saturday, October 31
3:00pm—Chapel**

Bobby G

**Friday, October 23
1:15 pm - Activity Room**



MOVIN' & GROOVIN' TO THE OLDIES WITH MARIE

It's not an exercise class.

It's not a dance class.

It's open to all.

But you can dance

Or you can move

(whatever body part works)

Or you can sit and watch

Or you can sing

At the top of your lungs.

Friday, October 16

3:00 pm

Health & Wellness Center ~ Studio



925

DOLLY DAY



ROSIE THE RIVETER ROSE DEDICATION



EXCURSIONS

Thursday, October 1
Immaculate Conception
Potluck Bingo

11:00 am

Saturday, October 3
Ladies Salad Luncheon

10:30 am

SOLD-OUT

Thursday, October 8
Chicago

Dinner @ Murphy Inn

3:30 pm

Dinner on your own

SOLD-OUT

Friday, October 16
DSO

Fountain & Pines of Rome

SOLD-OUT

9:00am

\$27.00

Thursday, October 22
Andiamo's

Lunch & Show

Steve McCoy as Tom Jones
Aaron Caruso as Elvis

10:00am

\$60.00

Money due October 8



**You MUST Sign up for all outings in
the binder in the Activity Room or
call Betsy 586-716-7143**

Friday, November 13
DSO

Mozart & Shurmann's Romantic Rhenish

9:00am

\$23.00

Money Due October 9

Friday, November 20
DSO

Paul Simon Songbook

9:00am

\$55.00

Money due October 9

Friday, December 11
DSO

Home for the Holidays

9:00am

\$60.00

Money due October 23

HARBOR INN HAPPENINGS

Pegs & Jokers

Everyday 6:00pm

Community Room

QUARTER BINGO

Friday, October 9—2:30pm—Community Room

ROSARY

Wednesdays—4:15 pm—Community Room

NEEDLE ARTS GROUP

Thursdays—2:00 pm—Community Room

PUZZLE PEOPLE

Everyday—All Day—Library



10/1 Jack David.

10/1 Robert Mitchell.

10/3 Patrick Flaherty.

10/5 Herbert Melkert.

10/6 Sam Vicari.

10/6 Patrick McClellan.

10/7 James Wiltshire.

10/10 Judy James.

10/11 Joseph Albrecht .

10/12 Kathleen Milletics.

10/12 Juanita Culberson.

10/13 Wayne Miller.

10/14 Rosemary Piontek.

10/18 Jerry Moore.

10/19 Barbara Prill.

10/26 Rosemary Nebel.

10/27 Richard Hines.

10/28 Kay Harris.

10/31 Pauline Kozlowski.

Directory

Accounting
Tracy Tesch 716-7408

Activities/Wellness Supervisor AL/IL
Betsy Mianecki 716-7143

Beauty Salon
Appointments 716-7180

Chaplain
Laura Stone 586-424-5674

Dining Services Mgr.
Brandon Lewis 716-7419

Director of Nursing
Karolina Jones 716-7416

Driver
Bob Rosol 716-7142

Executive Director
Donald Tolliver 716-7410

Fitness Specialist
Chris Nahorodny 716-7385

Front Desk
Receptionist 725-6030

Harbor Inn-Admin. Asst.
Beth Humble 586-273-2440

Harbor Inn Manager 586-273-2559

Housekeeping / Laundry Mgr.
Michelle Willer 716-7418

Maintenance Work Request
Front Desk 725-6030

Maintenance
Emergencies After 11:00 pm 248-996-2470

Marketing Manager
Rachel Nogorsen 716-7395

Outpatient Therapy 586-273-2457

Physical Therapy Mgr.
Kim Frabotta, Agility Therapy 716-7398

Rehab Admissions/Sales
Jen Moreno 716-7427
 716-7183

Resident Care Mgr.